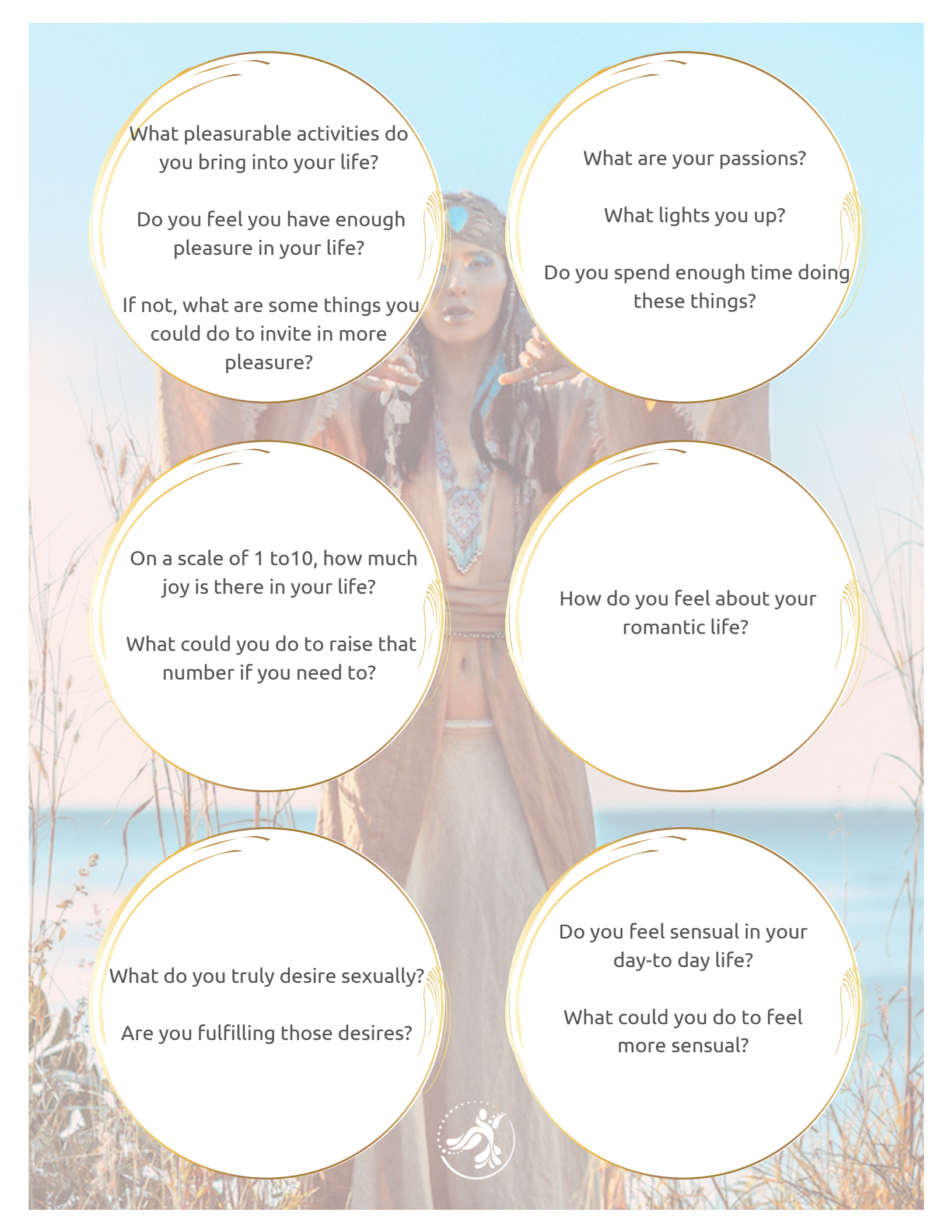




Abundant Empress

~ Heal Your Life ~



What pleasurable activities do you bring into your life?

Do you feel you have enough pleasure in your life?

If not, what are some things you could do to invite in more pleasure?

What are your passions?

What lights you up?

Do you spend enough time doing these things?

On a scale of 1 to 10, how much joy is there in your life?

What could you do to raise that number if you need to?

How do you feel about your romantic life?

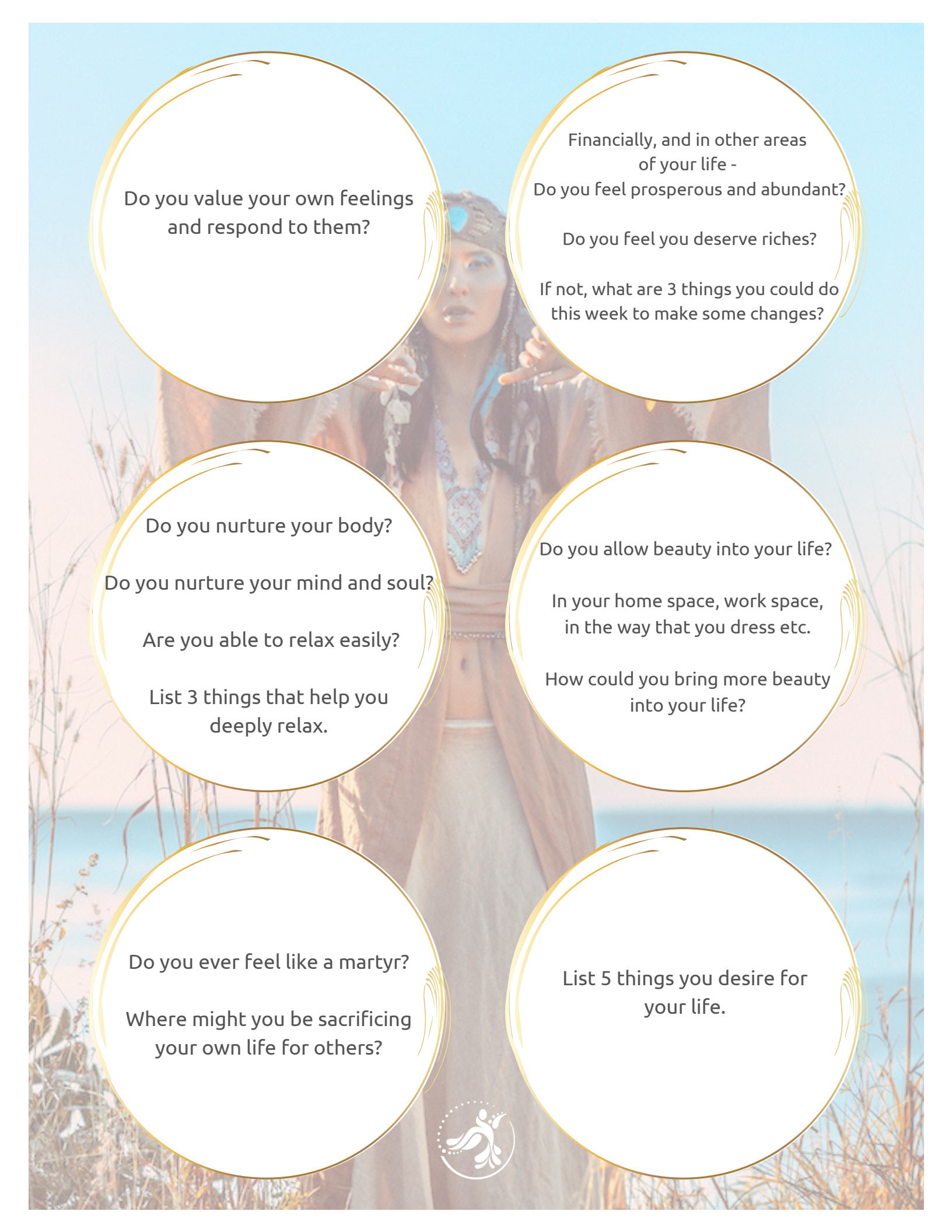
What do you truly desire sexually?

Are you fulfilling those desires?

Do you feel sensual in your day-to-day life?

What could you do to feel more sensual?





Do you value your own feelings
and respond to them?

Financially, and in other areas
of your life -
Do you feel prosperous and abundant?

Do you feel you deserve riches?

If not, what are 3 things you could do
this week to make some changes?

Do you nurture your body?
Do you nurture your mind and soul?

Are you able to relax easily?

List 3 things that help you
deeply relax.

Do you allow beauty into your life?

In your home space, work space,
in the way that you dress etc.

How could you bring more beauty
into your life?

Do you ever feel like a martyr?
Where might you be sacrificing
your own life for others?

List 5 things you desire for
your life.

